

MASTERMIND SCHOLARS EDUCATION CENTRE

EMPOWERING CLASS

BECOMING THE SPIRITUAL PERSON THAT YOU ARE FOR ACADEMIC EXPLOIT

We are called to become spiritual, and this is not just an idea but a way of life that everyone must consciously embrace. It begins with the deliberate decision to deny the flesh and its cravings and to choose instead to live a life centered on the Spirit.

The Bible clearly establishes this truth when it says, “*God is Spirit, and those who worship Him must worship in spirit and in truth*” (John 4:24).

This means that true connection with God cannot be achieved through fleshly living but only through a life that is surrendered to the Spirit.

A human being cannot truly accomplish anything meaningful or worthwhile while still being controlled by the desires of the flesh. Everything we were meant to become lies in the Spiritual side of Life.

The flesh brings distraction, weakness, and limitation, but the Spirit brings life, discipline, direction, and purpose. The spiritual man is the part of us that communicates with God, and as I emphasized earlier in our discussion on prayer, if our prayers are to reach God effectively, then we must learn to live in the Spirit and become sensitive to His promptings.

The Bible further reminds us that “*those who are led by the Spirit of God are the children of God*” (Romans 8:14). This clearly shows that those who live according to the Spirit are the true sons and daughters of God.

In contrast, the flesh has absolutely nothing valuable to offer us when we are honest with ourselves. We must ask ourselves deeply what procrastination offers us, what laziness produces in our lives, and what dreaming without action truly accomplishes. The answer is clear: all these stem from the fleshly realm and only lead to stagnation and unfulfilled potential.

For this reason, we must learn not to be led from the outside in, but rather from the inside out. This means that the spiritual man within us must be active, strong, and alert enough to evaluate everything that comes from the outside world.

Even when something appears good externally, it must pass through the discernment of the Spirit within us before we accept and internalize it. When we choose to live fully in the Spirit, corruption loses its influence over us, because the presence of God begins to shape our thoughts, our decisions, and our actions from within.

How to live the spiritual Life.

Number 1

To live such a spiritual life, we must also cultivate a strong life of prayer and spiritual sensitivity. We must be consistently prayerful, develop a deep personal relationship with God, and learn to speak to **Him about every detail of our lives.**

Prayer is what awakens the spiritual man within us and strengthens our inner being. Even in moments when we are wrong in certain areas, sincere and consistent prayer gradually corrects us before we even realize it, because God uses fellowship with Him to refine and transform us.

However, true spiritual prayer is not the kind that is rushed, tired, routine, or done out of obligation before sleep or meals. It is not mechanical or empty. Rather, it is prayer that flows from a broken and sincere heart, from deep inner conviction, and from sensitivity to the leading of the Holy Spirit.

And whenever we feel unworthy to approach God, we must always remember that God desires us more than we desire Him.

His Word assures us that *“as far as the east is from the west, so far has He removed our transgressions from us”* (Psalm 103:12), and that *“as high as the heavens are above the earth, so great is His love for those who fear Him”* (Psalm 103:11). His love is beyond measure.

Number 2

In addition to prayer, fasting and spiritual discipline are also essential in becoming spiritual men. Fasting is the deliberate act of denying the cravings of the flesh in order to strengthen our sensitivity to the Spirit.

The flesh and the Spirit are constantly in opposition, and the more we feed the flesh, the weaker our spiritual sensitivity becomes. But the more we strengthen our spirit, the more clarity, discipline, and direction we gain in life.

Fasting is not limited to food alone. It also involves deliberately separating ourselves from anything that distracts us from God, whether social media, unnecessary entertainment, unguided conversations, or unhealthy habits. It is a conscious process of creating space to focus on God through prayer, meditation, and the Word of God. Through fasting, our spiritual clarity increases, and our capacity to receive from God is expanded. Indeed, the closer we draw to God, the greater our capacity becomes in every area of life.

Number 3

A strong spiritual life must also be supported by a strong devotional life built around the Word of God. This involves consistently reading, meditating on, studying deeply, and applying Scripture in our daily lives. The Word of God is the foundation of wisdom and understanding.

If we desire supernatural insight in life, whether in academics, leadership, or decision-making, then we must be deeply rooted in Scripture. As the Bible says, *“the fear of the Lord is the beginning of wisdom”* (Proverbs 9:10). True understanding in life flows from the Word of God.

Finally, I want to give you this charge: being **spiritual is not optional**. A time is coming, and in many ways has already come, when being spiritual will determine how far a person goes in life.

Your spiritual strength will determine your discipline, your decisions, your direction, and ultimately your destiny. The spiritual man is never defeated because he is strengthened by God Himself.

So I charge you today: **build your spirit, feed your spirit, train your spirit, and live by the Spirit**. Because in the end, only the spiritual man will stand strong in the days ahead.